

A kitchen discovery with Ash and Dad

Turn it around. Look for the clues.

Read together, ask questions, and keep discovering.



A flying tiger

One cereal box had a flying tiger. The other had a picture of a bowl. Ash pointed at the tiger. “That one looks exciting!”



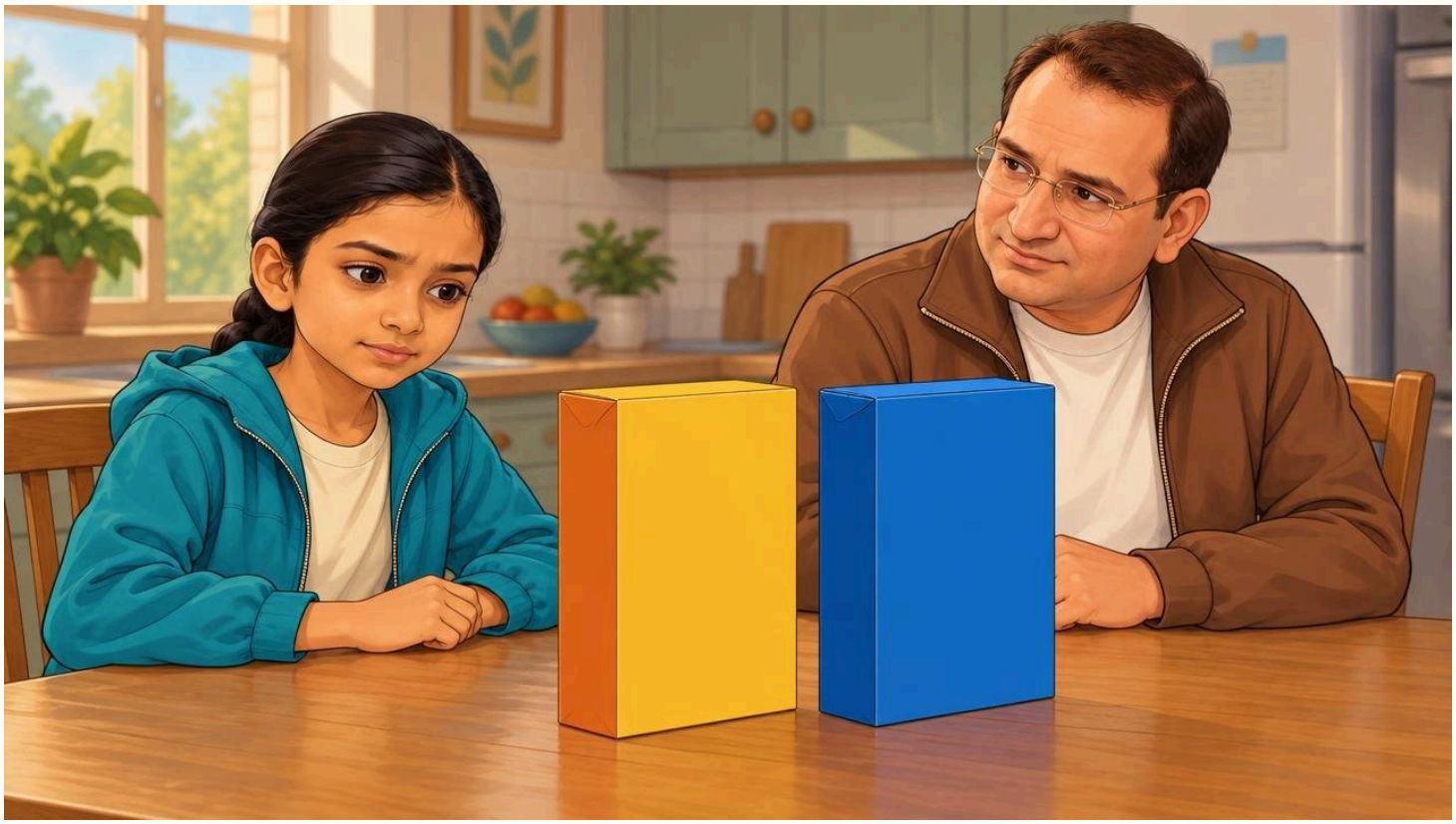
What is inside?

Dad placed both boxes on the kitchen table. “Exciting picture,” he agreed. “But what can we find out about the cereal inside?”



Can it fly?

Ash studied the tiger’s enormous wings. “Whether it can fly?” Dad laughed. “Let’s turn the boxes around.”



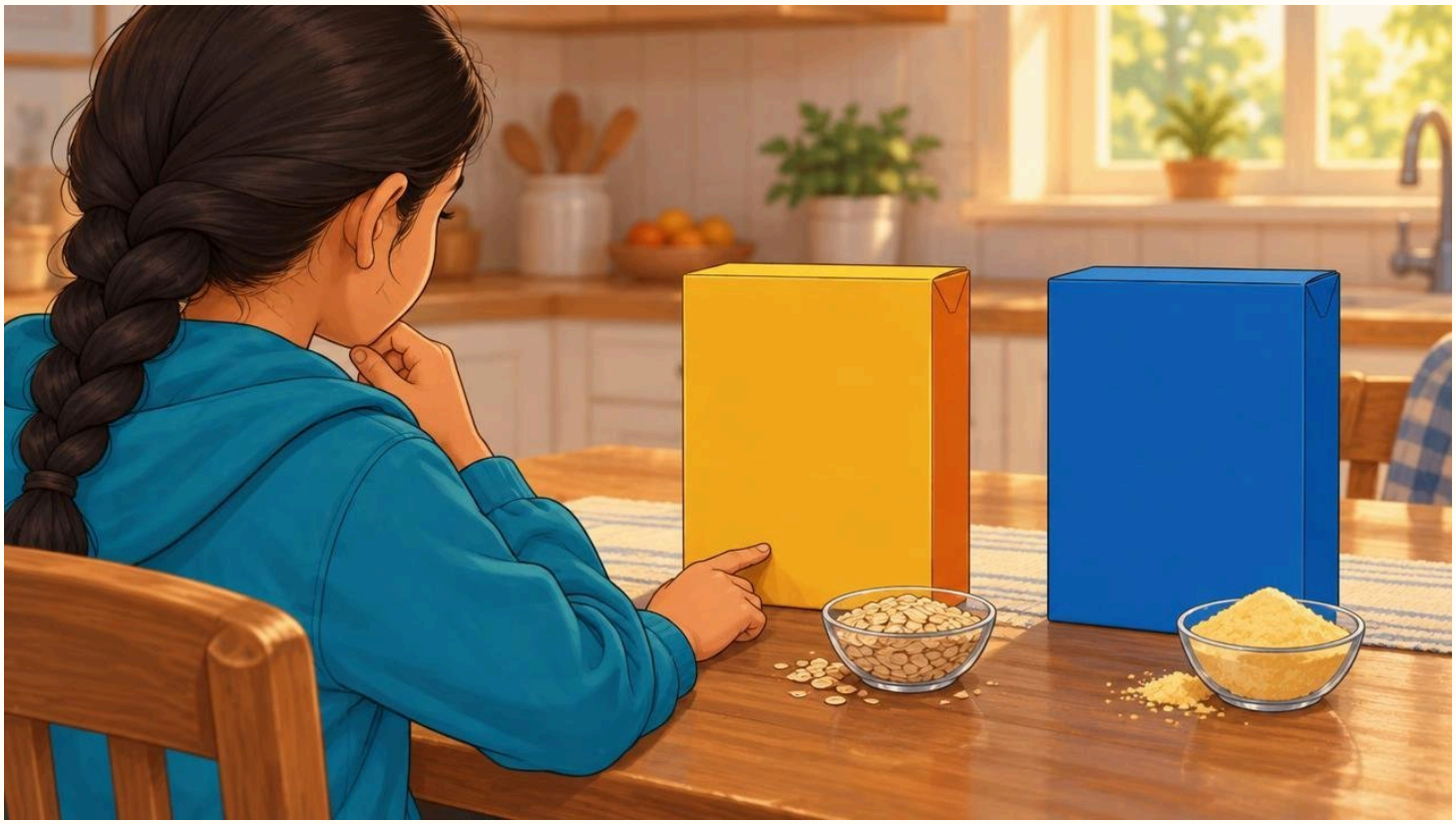
Detective clues

On the back were small words and numbers. Ash frowned. “This side looks like homework.” “Or a detective’s clues,” Dad suggested. That sounded much better.



The first clue

Their first clue was the ingredient list. Dad explained that ingredients are listed by weight, starting with the ingredient there is most of.



Two different recipes

Ash pointed at the first box. “This one starts with whole grain oats.” Then she checked the other. “And this one starts with corn flour.” Two boxes. Two different recipes.

Story clue - not a complete package label

First listed ingredients: whole grain oats / corn flour.
The rest of each recipe is not provided in the story.



Check the serving sizes

Their next clue was the Nutrition Facts table. “Before comparing numbers, check the serving sizes,” Dad said. These two boxes both listed fifty grams.



Find the sugars line

Ash found the sugars line. One listed four grams of sugars. The other listed ten.

Story clue - not a complete package label

Same listed cereal amount: 50 g / 50 g
Sugars: 4 g / 10 g. One number is not the whole story.



The same amount

“For the same listed amount of cereal, this one has less sugar,” she said.
“Exactly,” Dad replied.



More than one number

“But one number doesn’t tell us everything about a food. We can look at other information too.”



The tiger is still flying

Ash checked the front again. The tiger was still flying. But now she knew the picture couldn’t answer all her questions.



Read with a grown-up

“What about food allergies?” she asked. “That’s another reason to read the package with a grown-up,” Dad said. “The ingredients and allergy information matter.”



Breakfast together

Together, they chose the cereal that suited their family and served breakfast with some fruit.



A cereal-box detective

Ash opened her sketchbook. She drew a detective holding a cereal box instead of a magnifying glass. Underneath, she wrote: “Turn it around. Look for the clues.”



Mystery solved

“Have you solved the tiger mystery?” Dad asked. “Yes,” said Ash. “He’s good at getting attention. But he’s not the whole story.”



Your next discovery

Next time you see an interesting food package, what question could you ask? Explore it with a grown-up—and join Ashwika’s Story World for the next discovery.

Your next discovery

With a grown-up, turn a food package around. What information can you find, and what question would you like to ask?

Draw a package clue or a question you would like to ask.

Ask a grown-up to help you subscribe on YouTube for more discoveries.